## **Five Day Health Monitor**

Please have this form printed and available as you arrive at camp.

CAMPER OR STAFF MEMBER NAME:						
Section 1						
DAILY TEMPERATURE CHECK						
Please record the camper's/staff's temperature for five days prior to your camp arrival.  Note that there is no quarantine required.						INITIAL HERE
Day 1	Day 2	Day 3	Day 4	Day 5	Arrive	
TEMP	TEMP	TEMP	TEMP	TEMP	TEMP	
HERE	HERE	HERE	HERE	HERE	AT CAMP	
Section 2  SYMPTOMS IN THE PRIOR FIVE DAYS - circle any that apply to this participant						
Has the camper/staff experienced a fever (above 99.5 F), change in taste or smell, cough, change in appetite, shortness of breath, body aches, headache or generally not feeling well?						INITIAL HERE
☐ The camper/staff has been symptom free for the prior five days.						
Section 3						
CONTACT HISTORY - circle any that apply to this participant						
Has the camper/staff or a member of their household been in close contact with someone exposed t						d t INITIAL
Covid 19, flu, strep or any other communicable disease in the last seven days?						HERE
☐ The camper/staff has not been exposed as described above.						
I am an adult or I am the parent or guardian, acknowledge that I have filled out this form truthfully and to the best of my ability.						
PARENT/GUARDIAN/SAFF SIGNATURE:DATE:						