2023 Timberlake Health and Arrival Guidelines

General

Camps have a much higher transmission rate of communicable diseases such as Covid-19, influenza and strep throat than schools. For this reason we are asking that all campers follow the pre-camp and opening day protocols.

All Campers Must

- Complete the <u>Five Day Health Monitor Form.</u> Please do not take fever reducing medications while measuring temperatures.
- At this point in time we are not planning to require testing for Covid-19. However, we are watching national numbers and trends for all testable viruses carefully and will communicate via email if our policy changes.

Opening Day

- We will have scheduled drop off times by age. Families with multiple children may come at either drop off time.
- Temps of 99.5 or higher will be turned away. Campers may return when the temp returns to normal for 24 48 hours without the use of temperature lowering medication such as tylenol (acetaminophen) or advil (ibuprofen). Be aware that some combination cold/flu medications contain acetaminophen or ibuprofen.
- Temps of 98.7 99.4 will be kept at camp in isolation until it goes down. If not down within an hour, the camper may be sent home.
- Campers with incomplete health monitoring forms will not be able to remain at camp.

How It Will Work

- Pull in the front gate at your camper's assigned time (this is listed in the camper packet, emailed out in mid-March).
- You will be directed to drive to our green welcome tent where your camper will receive
 his name tag and show his Health Monitoring Form.
- You will then park on our lower soccer field and walk with your camper to the chapel.
 Our team will take care of your luggage when you park.
- At the chapel, you will meet John and Catherine, check in with the nurses, shop the clothing room, and take a family photo. We will also do a quick health screening here, including a temperature check.



- You will say goodbye here at the chapel (deep breaths, you got this!) and then walk back to your car. We'll walk your camper to his cabin where his counselor will help him make his bed, get settled and meet his new camp friends.
- You will drive out the front gate and, hooray! You did it. Your camper is already in his
 cabin making friends and you can look forward to seeing some pictures and reading our
 first blog tonight.

Daily Health Checks

We will conduct daily health screenings for both campers and staff. These will be similar to those you will conduct at home before campers arrive and any campers with fevers or symptoms will be taken to the infirmary. These daily health checks are a routine part of your camper's day and have dramatically reduced the spread of communicable diseases at camp.

Response Management of Case or Probable Case

A camper or staff member identified as having a potential illness will remain in an isolation room as part of Camp's communicable disease plan.

The Wishing Well will have two areas for camper rest and treatment:

- 1. A standard room for campers that are clearly non-viral. This will include individuals exhibiting symptoms that are consistent with existing medical history (e.g. cough if recent history of a chest cold).
- 2. A room for campers exhibiting symptoms of a communicable disease that are not consistent with existing medical history but could have alternative diagnosis (e.g. flu).

If a camper has a persistent fever of 100.4 or higher for 48 hours:

• We will call their parents and ask if they would like to pick up their child or wait 24 hours to reassess.

If a camper has a persistent fever of 100.4 of higher for 72 hours:

• We will call their parents and ask that they pick them up within twelve hours.

A Closed Community - The Imperfect Bubble

No one thing we do will protect our campers completely from sickness, but each adds a layer of security. We also understand that none of these layers can be done perfectly, which is why having multiple layers is important. A relatively closed community will be an especially important layer, and it is something that makes camp better too. We will limit camper trips into the public, but we will take trips to wilderness destinations where we are not likely to have public interaction.

